

Who Is God? God Is My God

Introduction

Scripture: Psalm 139:1-18, Matthew 10:30

Key Verse: Psalm 139:13

“For you created my inmost being; you knit me together in my mother’s womb.”

Write the memory verse on slips of paper. Hide the slips around the room. Have the kids find the slips and put the verse together in order. Play “wink and say”. Kids sit in a circle. Someone says the verse then winks at someone in the circle. That child then says the verse. Play continues until everyone has had a turn to say the verse.

Bible Lesson

Lesson Goal: The children will identify ways that they are unique and different and understand that God knows them individually and personally.

Hook: Have kids try to guess information about each other (ex.: What is John’s favorite food? What is Kate’s favorite color?). Discuss how we do not know everything about each other by just looking at someone, but God knows all the personal things about us on the inside. God even knows how many individual hairs are on our heads. Have kids try to guess how many hairs are on their head.

Scripture to read: Psalm 139:1-18, Matthew 10:30

You may want to have some of the older children help with the reading. It may also be helpful to read this passage from the New Living Translation. Be sure to let the children see you reading the Bible story from the Bible. It is important that they know that what you are teaching is from God’s word. Help the children follow along in their Bible as the passage is read.

Key Principles:

After reading the scripture passage, discuss and emphasize these key principles from Psalm 139:1-18 and Matthew 10:30.

1. God is always with us. He is present everywhere.
2. God knows each of us individually and personally.
3. Sometimes we don’t let people get to know us completely because we are afraid that they will discover something about us that they do not like. God already knows everything about us and he still loves us.

Application:

The following questions are appropriate for older children.

1. Have you ever done anything that you did not want anyone to know about?
2. How does it make you feel to know that God knows all the things you do, say and think?
3. How does it make you feel to know that God loves you no matter what you do, say or think?

4. Knowing that God knows all the things we do, say or think what can we do to make him proud?

The following questions are appropriate for younger children.

1. How did God make you different from anybody else?
2. How do you know that God loves you just the way you are?
3. Even though we can't see Him, does God see us?
4. What are some things you can do that will show God that you love Him?

Activity

Individual Thumbprints

Discuss how God made each individual person unique and different. Every person has a unique and different thumbprint, but God knows each and every one. Color each child's thumb with a black marker and press to make a thumbprint on white paper. Use each paper to compare the individual thumbprints. Discuss differences. Write the memory verse on the paper with the thumbprint.

Wrap-up

Review the key principles. Remind the children that God knows them and loves them individually and personally.

End today's lesson by singing these four verses:

"God Knows My Name. He knows my every thought. He sees each tear that falls, and He hears me when I call."

Extension (optional):

Have the kids decorate nameplates to show that God knows each child's name and the differences about each person. Older kids can work with a buddy to find things that are different about each other and list. They can only list those things that are different.

Toddler Time:

If you have very young children in your group, you may want to provide some coloring pages for these children. You can also have them draw a picture of themselves and talk about individual characteristics of each child (hair color, eye color, etc.). At the bottom of the page, write: "God is Love".